

# Primal Legacy

PRIMAL LEGACY: A Guide to Your Spiritual Existence - Finding Self-Mastery, Balance & Purpose

PRIMAL LEGACY is about the discovery of the mind. It contains answers to questions about consciousness for which scientists, educators and psychologists have long searched. It removes the cloud of confusion about brain or mind, altered states and what thinking really is. It describes the mind as a separate mechanism from the brain and gives fascinating details of the human thinking systems and human behavior.

PRIMAL LEGACY is for everyone. It bridges science and spirituality for a true coming together of mind and matter. For spiritual seekers it offers true understanding of enlightenment. It provides a paradigm for professionals and a formula for the individual to understand the total life experience.

PRIMAL LEGACY - Thinking for the 21st Century  
by Joseph Costa, Ph.D.

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PRIMAL LEGACY is a fascinating blend of Dr. Costa's amazing stories from his life long mystic experiences with angels and beings on "the other side," his understanding of human psychology and his vision of a new world paradigm of thought.

PRIMAL LEGACY is a light whose time is now. It is a guide for spiritual growth, finding purpose and attaining mastery in a world demanding answers to life's perplexing questions.

Quotations from Primal Legacy:

The hardest thing for man to grasp is his own greatness

The mind is not in the brain

Mind is the builder

The universe expands by our search for its limits

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