

Gary Pluth

Gary Pluth, I.O.T. Staff Member

Gary Pluth AST CHT is a Certified Hypnotherapist and member of the International Association for Regression Research and Therapies (IARRT). He has a Hypnotherapy practice at the Institute of Thought in San Diego, where he also facilitates the Hypnotherapy Practicum. Gary has been a student of various spiritual paths; he has dedicated his life to the raising of consciousness through mastery principles.