

Mishlyn Verdon

Mishlyn Verdon, I.O.T. Staff Member

Mishlyn Verdon AST CHT, a 15th Step Practitioner and Teacher, Certified Hypnotherapist and Altered States Therapist, is a member of the International Association of Regression Research and Therapies (IARRT), where she serves on the research committee. As one of the originators of the Millennium Wiman Program, she teaches workshops at IARRT conferences and other world organizations and is a Millennium Wiman Mentor.

Mishlyn was also a co-founder of the Altered States Research Group where she collaborated with Dr. Charles Knoll to research asthma, diabetes, chronic pain, and other conditions using Precision Altered States Therapy. She has now established her private practice as a Better-Life Therapist in Virginia Beach, VA.

For more information about Mishlyn and her work, please visit www.MishlynVerdon.com and www.AlteredStatesResearch.com.