

Complete Staff List

Joseph Costa , Ph.D. is a counselor and regression psychotherapist with a doctorate in transpersonal psychology. He is the founder of the Institute of Thought in San Diego, California where he teaches regression therapies and self mastery courses. He is a member of....read more about Joseph Costa
Cory Cochiolo , AST, CHT, is a Certified Hypnotherapist, Altered States Therapist and Executive Director of the Institute of Thought. Cory works closely with Dr. Joseph Costa on research in the field of Remote Healing read more about Cory Cochiolo

Maggie van Staveren , Ph.D. is a transpersonal hypnotherapist, licensed psychotherapist, teacher and reiki master. She is cofounder of the Better Life Center in Berkeley where she provides individual/couples therapy using a variety of techniques including Past Life read more about Maggie van Staveren
Christine Bartlett , PT, CHT is a certified hypnotherapist and has a practice called the Better Life Teaching & Counseling Center in Berkeley, California, where she specializes in counseling and teaching Better Life self mastery seminars on relating principles, manifesting techniques, the mind-body connection, the 15th Step process, and....read more about Christine Bartlett
Lenora Beale , AST, CHT is a Certified Hypnotherapist, an Altered States Therapist and a 15th Step Guide. Lenora has studied at The Institute of Thought with Dr Joseph Costa since 2000, and is currently working with widows, widowers and others who read more about Lenora Beale

Carol Knoll is a co-founder and Director of the World Healer Institute serving as Training Events Chairperson and Vice President of Program Development. She is currently pursuing her certification in Transpersonal Hypnotherapy read more about Carol Knoll
Charles Knoll, MD is board certified in Physical Medicine and Rehabilitation. Dr. Knoll is a co-founder of the Altered States Research Group (ASRG), an organization dedicated to investigating the Mind and its impact on physical health through rigorously designed medical research on altered states of consciousness read more about Charlie Knoll
Katy Knoll is a World Healer Institute Board member, an IAART member, a Healing International member and is pursuing certification in Transpersonal Regression Therapy at the Institute of Thought in San Diego. She currently works for the IOT as the Director for Better Life Books, Eastern Division, and is read more about Katy Knoll
Sam Knoll II is the Marketing Chairman and Webmaster for the World Healer Institute and is a widely recognized authority on Internet Marketing. He also provides technical and marketing support for read more about Sam Knoll II

Candy Marx has been a mortgage professional for thirty years, a former school teacher, a member of the I.O.T. group for over four years, and is a Millennium Wiman. Candy says "The 15th Step read more about Candy Marx
Gary Pluth , AST CHT is a Certified Hypnotherapist and member of the International Association for Regression Research and Therapies (IARRT). He has a Hypnotherapy practice read more about Gary Pluth
Mishlyn Verdon , AST CHT, a 15th Step Practitioner and Teacher, Certified Hypnotherapist and Altered States Therapist, is a member of the International Association of Regression Research and Therapies (IARRT), where she read more about Mishlyn Verdon
Elaine Wright was born and educated in England, and has lived in Southern California for more than thirty years. Elaine began providing her personal consulting services after many years experience as the senior paralegal with a major read more about Elaine Wright