

Maggie van Staveren

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Maggie van Staveren, Ph.D. is a transpersonal hypnotherapist, licensed psychotherapist, teacher and reiki master. She is a cofounder of the Better Life Teaching and Counseling Center in Berkeley, where she provides individual/couples therapy using a variety of techniques including Past Life Regression Therapy.

Maggie teaches personal growth classes, provides hypnotherapy certification training and manages the Transpersonal Hypnotherapy Training program. She takes pride in helping clients find their own voice to resolve what's not working in their life.

Maggie was born in The Netherlands and came to the United States in 1957 with her family. Trained as an educator, she taught Elementary, Middle School and Junior High students in Michigan, Ohio, and Utah. As a Clinical Social Worker and Therapist she has expertise in working with children and families.

She has worked as a Custody Evaluator, worked with clients in an Alcohol and Substance Abuse residential facility, worked with sex offenders, their families and victims. She has also worked in a variety of medical settings.

She received her Master's degree in Human Development from Wayne State University in Detroit, Michigan and a Master's Degree in Social Work, mental health track, from the University of Utah in Salt Lake City , Utah. Maggie has Advanced Certification in Hypnotherapy from the Institute of Thought in San Diego.

Maggie is a member of the Hypnotherapist Union, NASW - National Association of Social Workers and the Association of Transpersonal Psychology, and is past-president of IARRT - International Association of Regression Research and Therapies, Inc.

To contact Maggie for a private counseling or hypnotherapy appointment, please call the Better Life Center at 510-486-8268.