

## 2010 Calendar of Training Events

15th Step Seminars and Other Events All training is presented from a transpersonal perspective integrating consciousness and altered states information. Classes blend presentation with demonstrations, training exercises, group and individual inductions and audio/video taping, thereby encouraging learning on both theoretical and experiential levels. A special emphasis on the way these skills are used to expand personal and professional abilities is given to each student centering on the specific needs and interests of the individual. Follow this link to see the complete schedule of training events for 2010.

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Jan 16-17

Mind, Brain, Altered States, Induction Processes, 15th Step Program

Feb 20-21

Critical Incident Solutions and Self Hypnosis for Self Improvement

Mar 20-21

Pacing, Reframing Trauma, Intensifying Sensory Imaging

Apr 17-18

Hypnosis and Bodywork, Addictions and Past-life Connections

May 22-23

Family Dynamics, Reincarnation, Transference Issues

Jun 26-27

Past-life Therapy Practicum, Healing Ancient Wounds

Jul 24-25

Regression Therapy and Metaphors, Belief Systems & Soul Mind

Aug 14-15

Transpersonal Hypnotherapy, Signs, Symbols and Dreams

Sep 25-26

Death, Transition, NDE's, Entities and Possession

Oct 23-24

Past-lives and Ego Constructs, Grounding the Body

Nov 20-21

Sexuality and Regression Therapy, Male/Female Energies

Dec 10

iot Holiday Celebration 7 pm - 10 pm

Dec 11-12

Business Principles, Interviewing and Money Consciousness

Transpersonal Hypnotherapy Training at BLTCC in 2010 The following programs are at BLTCC in Berkeley. Scheduled times for both Saturday & Sunday programs are 10 AM to 6 PM.

For more information call BLTCC in Berkeley at 510-486-8268.

Jan 23-24

Critical Incident & Self Hypnosis for Self Improvement

Feb 13-14

Mind, Brain, Illusion and Altered States, Induction Processes

Mar 13-14

Hypnosis/Bodywork, Addiction, Past Life Connections

Apr 10-11

Pacing, Reframing Trauma, Intensifying Sensory Imaging

May 15-16

Past Life Therapy Practicum: Healing Ancient Wounds

Jun 12-13

Family Dynamics, Reincarnation & Transference Issues

Jul 10-11

Transpersonal Hypnotherapy: Signs, Symbols and Dreams

Aug 7-8

Regression Therapy, Metaphors, Belief Systems

Sep 4-5

Past Lives & Ego Constructs

Oct 2-3

Sexuality & Regression Therapy, Male/Female Energies

Nov 13-14

Business Principles, Interviewing and Money Consciousness

Dec 3

Holiday Celebration Party

Dec 4-5

Death, Transition, Near Death Experiences and Healing

15th Step Training 2010 Programs are in locations indicated. Saturday and Sunday programs are 10 AM to 6 PM in all locations. For more information call IOT in San Diego at 619-516-3999 or BLTCC in Berkeley at 510-486-8268 or BLB (Better Life Books) in Durham, NC at 919-949-7106. Feb 27-28

15th Step Process - IOT in San Diego, CA

Feb 27-28

15th Step Process - BLTCC in Berkeley, CA Apr 10-11

15th Step Process - BLB in Durham, NC Apr 24-25

15th Step Process - IOT in San Diego, CA May 29-30

15th Step Process - IOT in San Diego, CA

Jul 17-18

15th Step Process - IOT in San Diego, CA Jul 17-18

15th Step Process - BLTCC in Berkeley, CA Sep 18-19

15th Step Process - BLTCC in Berkeley, CA Oct 16-17

15th Step Process - IOT in San Diego, CA

15th Step Practice Nights at BLTCC in Berkeley 2010

All Practice Night sessions are from 7pm-9:30 pm.

For more information call BLTCC in Berkeley at 510-486-8268. Jan 7

Practice Night - Berkeley

Feb 4

Practice Night - Berkeley

Mar 4

Practice Night - Berkeley Apr 1

Practice Night - Berkeley May 6

Practice Night - Berkeley Jun 3

Practice Night - Berkeley Jul 1

Practice Night - Berkeley Aug 5

Practice Night - Berkeley Sep 2

Practice Night - Berkeley Oct 7

Practice Night - Berkeley Nov 4

Practice Night - Berkeley Dec - none

Practice Night - Berkeley For more information on any program, call the Institute of Thought (IOT) in San Diego at 619-516-3999. Directions to IOT