

Christine Bartlett

Christine Bartlett, Cofounder and Director of the BLTCC

Christine Bartlett PT, CHT is a licensed Physical Therapist, Certified Hypnotherapist and Isagenix Nutritional Cleansing Health and Wealth Coach.

Christine brings a unique blend of knowledge and experience to each client experience. She combines grounded scientific western medical and health knowledge with eastern, transpersonal alternative spiritual healing wisdom to provide you with transformation and healing to powerfully transform your entire person.

Christine specializes in both worlds, Clinical Hypnotherapy and Transpersonal Hypnotherapy with Wellness Coaching, providing a combined comprehensive approach to your needs.

Her passion and focus is to assist individuals in identifying patterns, blocks, behaviors and thoughts they need to release to transform and "shift" into freedom, joy, self love and self expression to live radiantly in their lives with joy and ease.

Areas of specialty include:

Health, Wellness and Weight Loss

Relationships: Male/Female Dynamics and Communication

Wealth and Financial Transformation

Spirituality and Communication with Inner Guidance

as well as:

Addiction, Habits, Behaviors

Family Issues, Healing Old Wounds, Trauma

Dream Analysis, Age Regression, Past Life Regression

Career/Life Change, Transition, Personal Transformation

Christine is Cofounder and Director of the Better Life Center in Berkeley. She travels nationally and internationally teaching Better Life Seminars.

Her Professional Training and background includes:

- BS Physical Therapy - University of Vermont 1994
- Certificated Advanced Hypnotherapist - Institute of Thought 1998
- Certified Advanced 15th Step Therapist/Trainer - Institute of Thought 1999
- Director National 15th Step Training programs - 2000 to present.
- Advanced Trainer Berkeley Hypnotherapy Certification Program
- Past President and current Trainer- International Association of Research and Regression Therapies, Inc. (IARRT)
- Member - National Guild of Hypnotists (NGH) and the Association of Research and Enlightenment. (ARE)
- Organizing Committee 2nd World Congress of Regression Therapy - India 2006.
- She is enrolled in a combined Transpersonal Psychology Masters/Ph.D program through the International University of Professional Studies

To contact Christine for counseling, Hypnotherapy, Health and Wellness Coaching, speaking or training call 510.418.1940.