

## Joseph Costa

Joseph Costa, Founder of the Institute of Thought

Joseph Costa, Ph.D. is a counselor and regression psychotherapist with a doctorate in transpersonal psychology. He is the founder of the Institute of Thought in San Diego, California where he teaches regression therapies and self mastery courses. He is a member of the Association of Transpersonal Psychology and The International Association for Regression Research and Therapies, Inc.

Dr. Costa, born in 1924, has a varied professional background: He was a soldier during WW II in General Patton's army, a trapper in Alaska, a banking CEO, a mayoral candidate for San Diego and was interviewed by Fortune Magazine for business accomplishments in real estate and financing.

His life-long personal experiences with phenomena and visitations by ascended masters have made him an expert in consciousness and intuition studies resulting in his work of teaching about thought and thinking. He authored the book "Primal Legacy: Thinking For the 21st Century," a text guide for understanding the third dimension, consciousness raising, phenomena, male and female thinking, and how to develop intuition and spiritual balance. Willis Harman Ph.D., former president of the Institute of Noetic Sciences wrote about it, "I found your book fascinating. It pushes us gently toward a new world view."

Dr. Costa's doctoral dissertation is a study titled "An Investigation of the Source and Meaning of Hearing Voices from the Unconscious." He lectures world-wide on self mastery, soul lessons, relationships, healing and dreams, as well as on the missing years of the life of Jesus the Christ. He channeled the work, "Yeshu Hannosri - For God So Loved The World" and the sequel, "The Second Coming Of Yeshu," which is the basis of the movie "The Second Coming."

Dr. Costa is the Founder of The 15th Step - a new process which takes you directly into the Inner Unconscious and brings forth both Divine Healing and Divine Teaching, and he is also the discoverer of the Human Body Brain and the Brain Print.

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